

May 2023

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Communication Skills 11 am – 12 pm</p> <p>Using Age to your Advantage 1 pm – 2 pm</p> <p>Public Speaking 1 pm – 2 pm</p>	<p>2</p> <p>Networking 11 am – 12 pm</p> <p>Self-Motivation 11 am – 12 pm</p> <p>Managing Job Loss and Moving On 1 pm – 2 pm</p>	<p>3</p> <p>An Overview of ACCES-VR Services 11 am – 12 pm</p> <p>Job Search Strategies 11 am – 12 pm</p> <p>Resume Development 1 pm – 2 pm</p>	<p>4</p> <p>Social Media Featuring LinkedIn 11 am – 12:30 pm</p> <p>Writing Effective Cover Letters 1 pm – 2 pm</p> <p>Veterans Services and Resources 1 pm – 2 pm</p>	<p>5</p> <p>Chat with an Employment Counselor 11 am – 12 pm</p>
<p>8</p> <p>Learning about Child Care Assistance Program (CCAP) Overview 11 am – 12 pm</p> <p>Career Assessment and Exploration 1 pm – 2 pm</p> <p>Roadmap to Getting Hired 1 pm – 2:30 pm</p>	<p>9</p> <p>Interviewing Techniques 11 am – 12:30 pm</p> <p>Going to School to Get Back to Work 11 am – 12 pm</p> <p>Civil Service 1 pm – 2:30 pm</p>	<p>10</p> <p>SNAP Overview 11 am – 12 pm</p> <p>SUNY for All – Online Training Center 11 am – 12 pm</p> <p>Exploring JobZone 1 pm – 2 pm</p>	<p>11</p> <p><i>Spanish: Estrategias para la Entrevista de Trabajo</i> 11 am – 12:30 pm</p> <p>Give Yourself Credit: SUNY Empire State College Information Session 11 am – 12 pm</p> <p>SUNY Microcredentials 1 pm – 2 pm</p>	<p>12</p> <p>The Power of Positivity 11 am - 12 pm</p> <p>Chat with an Employment Counselor 1 pm – 2 pm</p>
<p>15</p> <p>NYSDOL Resources 101 11 am – 12 pm</p> <p>Time Management 11 am – 12 pm</p> <p>Social Media Featuring LinkedIn 1 pm – 2:30 pm</p>	<p>16</p> <p>Resume Development 11 am – 12 pm</p> <p>Using Age to Your Advantage 11 am – 12 pm</p> <p>Fostering Access, Rights, and Equity (FARE) for Women Workers 1 pm – 2 pm</p>	<p>17</p> <p>Managing Job Loss and Moving On 11 am – 12 pm</p> <p>Transferable Skills 11 am – 12 pm</p> <p>Disclosure, Talking to Employers About Disability 1 pm – 2 pm</p>	<p>18</p> <p>Roadmap to Getting Hired 11 am – 12:30 pm</p> <p>Job Search Strategies 1 pm – 2 pm</p> <p>Filing an Employment Discrimination Complaint in NYS with the Division of Human Rights 1 pm – 2 pm</p>	<p>19</p> <p>Chat with an Employment Counselor 11 am – 12 pm</p>
<p>22</p> <p>Learn New Skills with Coursera 11 am – 12 pm</p> <p>Civil Service 11 am – 12:30 pm</p> <p>Networking 1 pm – 2 pm</p>	<p>23</p> <p>Writing Effective Cover Letters 11 am – 12 pm</p> <p>Exploring JobZone 11 am – 12 pm</p> <p>Interviewing Techniques 1 pm – 2:30pm</p>	<p>24</p> <p>Career Assessment and Exploration 11 am – 12 pm</p> <p>Worker Retention Services for Job Seekers with Disabilities 11 am – 12 pm</p> <p>Upskilling 1 pm – 2 pm</p>	<p>25</p> <p>Advanced Resume Development/Skills Based Resume Writing 11 am – 12 pm</p> <p>Communication Skills 1 pm – 2 pm</p> <p>NYSDOL Training and Supportive Opportunities 1 pm – 2 pm</p>	<p>26</p> <p><i>Spanish: Su Guía a Ser Contratado</i> 11 am – 12 pm</p> <p>Chat with an Employment Counselor 1 pm – 2 pm</p>
<p>29</p>	<p>30</p> <p>Public Speaking 11 am – 12 pm</p> <p>Salary Negotiation 1 pm – 2 pm</p>	<p>31</p> <p>How to Prepare for a Job Fair 11 am – 12 pm</p> <p>Transferable Skills 1 pm – 2 pm</p>		

Pre-Registration Required!
Click on the name of the workshop to register <https://statistics.labor.ny.gov/career-zone/career-calendar.shtml>

WE ARE YOUR DOL



Department of Labor