

Seneca County Community Services Board

Susan Ottenweller, Chair

MH SUBCOMMITTEE

November 15, 2022

(Conducted via videoconference)

Members Present: Margaret Morse (DCS), Bob Ritter (MH), Pat Plyter (CSB Chair), Tammy Anhorn (CSB), Maria Gigliotti, Ashley Kise (LakeView), Susan Ottenweller (MH Chair), Sally Manning (Rackers Center), Rachel Scott (Glove House), Brenda Black, Becky Clemens (Aspire Hope), Jennifer Palmer, Bethany Felicita

Members Excused: Sandie Case, Kathy Sinkiewicz, Jeanette Rock, John Cleere,

Welcome - Meeting was called to order. Introductions made. Motion to accept initiated by Pat Plyter and seconded by Ashley Kise. No discussion. All in favor. None opposed. Motion carries.

Ashley Kise – Lakeview – A quarterly report was submitted. Lakeview Heights program served 27 individuals, Supportive Housing Lakeview served 37 individuals, traditionally there are more served in those areas as there is more need for housing. Seneca County case manager, who is stationed in the clinic served 34 this past quarter. The non-Medicaid community support services served 24 clients. Seneca outreach served 178 individuals and adult SPOA – there are 26 referrals. The transitional apartments have been steadily full. As someone moves out there is another ready to move in. There is a shortage of need for those beds. Prospect House is being closed at this time due to staff shortages. Lake View for Seneca County is fully staff. This does not cover Lake View Heights.

Bob Ritter – Children Services – A quarterly report was submitted. The delivery of services there is beginning to be a waiting list through Cayuga Centers of Family Treatment and Support services. The reason for the waiting list is workforce shortages. The services are being moved around to get individuals off the waiting list. If need be there will be someone that is assigned to another county pulled to help. The Hi-Fi position through Glove house has been filled by Rachel Scott. Along with the non-Medicaid care manager position filled. Seneca Cares Network is starting to add more workgroup, like the communications work group that focuses on the website and the social media account. There is a family engagement workgroup which held a Community Café which is a specific model designed to get more feedback from the community. Only one person came to this event. The Care Management workgroup will identify specific families and others who may be interested in being invited to the Community Cafes. An email will also go out to the CSB members prior to an event to see if there is anyone on the board

Seneca County Community Services Board

Susan Ottenweller, Chair

who would like to participate or observe a community café event or any of the events that are offered. This is a very active group and there is some collaboration between the sub work groups. The group did work with a communications group to get the word out. The Cares management group will be working on issues related to service provisions and provide training.

Lake View will not be providing services for children, but there 5 or 6 agencies that are there to help so there should not be a shortage. There are some agencies that may have been underutilized. When Bob sets up a family and connects with services he lets the families know what agencies offer what service, so the family can choose. The hopes are now those agencies that were underutilized will be utilized more.

Brenda Black – Mental Health – A quarterly report was submitted. This report is for two months and there were 4,763 services, 2,872 were in person services, 1,891 were telehealth, and of those 1,404 were children. This is about 60% of services are in person, with hopes of increasing.

The clinic continues to offer DBT group and will be offering a women's trauma group that will be co-facilitated by a CASAC and a Mental Health therapist.

The clinic had its 2nd annual Trunk or treat, there were several families that came out and was very well received. The clinic is still holding pot luck lunches with the staff. Some of the staff participated in a 10 week Mindfulness yoga session with Ryan Chiropractic. The clinical staff will be trained in Cognitive Processing therapy with will have Janice Creamer, LCSW-R as the trainer.

There continues to be a higher need with children and schools with increased crisis.

Staff openings: Senior Psychiatric Social Worker
Mental Health Clinical Therapist
2 Support staff

There has not been a meeting for Suicide Prevention Coalition since the Out of Darkness Walk.

Open access will be expanding to 5 days a week for most every day until 3pm starting December 5.

Rachel Scott – Glove House – Rachel is the Hi-Fi Social Worker at Glove House. Glove House just did a Thanksgiving dinner for the youth that are in the Glove House programs, there were 37 kids in attendance. The staff all came together and paid for this dinner. Also being put together are Thanksgiving baskets to send out to all the families in the county that are in the programs that need a little extra help during the holidays. There are about 110 baskets that are

Seneca County Community Services Board

Susan Ottenweller, Chair

being prepared and Glove House funds this program. Glove House is working on integrating with other services that are offered in the homes. The school based program is growing and up and running with Seneca Falls school district.

Bethany Felicita – Crisis Response Team – The Crisis team has completed its first year of the grant. The team did meet all of the targets and goals for the first year, actually was over the year one target with 515 individuals served, several were duplicate individuals. 435 of these individuals are continuing in outpatient clinics services as the team goes into year 2. The team is trying to keep up with the NOMS – which is data collection surveys that are part of the grant. This is the only goal the team did not meet because the 6 month follow up requires that 80% of those people actually complete the survey. During the summer months a lot of people do not want to answer their phone.

Overall crisis services are continuing on an upward trajectory on the month to month services that the team does provide. The team is seeing new people to help and into services.

Bethany is working closely with Margaret, Brenda and Tammy on the open access design and providing the community with easiest access and the most access.

There is another member for the crisis team starting next week. She will be part of the evening team. Abby is a clinician and comes with experience from Wayne County mobile crisis team. Abby has also done some work with the Syracuse Veterans administration. As we move into the winter months the clinic will have onsite clinic hours until 11pm. The team is looking to implement an on call rotation schedule to cover overnights and weekends. Moving into 2023, encouraging the community members to call 988 to reach the team and have someone available for them.

Sally Manning – Rackers Center – A report was submitted. Community Café was a success even though only one person came to the event. It was a big success for many reasons one being the building of family engagement work group, Tammy Anhorn and 3 other parents are part of that work group and the goal of System of Care work group is for families to take the lead and inform the group what is important to them and what their needs are. There was one person who attended and everyone jumped in (6 people total) to focus and practice the cafe model which is very simple for small groups of people to talk about what is challenging and what they would like to see be different. At the end of this session there is what is called a harvest that people make individual commitments, ranging from Tammy creating a display at the school she works at to people making personal commitments for example to using de-stigmatizing language and teaching each other about Systems of Care.

The group met this morning to talk about next steps. Joe Pantigrossi will be working with the parents in the group to discuss reaching out to all the different school districts to offer

Seneca County Community Services Board

Susan Ottenweller, Chair

opportunities to parent groups that already exist in some way. There is a plan moving forward to offer a couple more Community Cafes in the spring and have one of them be virtual and one in person.

Becky Clemens - Aspire Hope – A report was submitted. Becky just joined Aspire Hope. Most of the programs do not have a wait list, although there are a couple that do, like the respite program. Aspire Hope is doing two family groups per month, one virtual and one in person so everyone can have a chance to attend. There is a parenting love and logic way parenting session coming up. Aspire Hope is also doing family projects and dinners and gatherings for the support groups and have speakers for the different needs of the families. The families are stating what some of the issues they have and we are and trying to help them. Aspire Hope collaborated with Toys for Tots this year. In Seneca County this helped out 15 families and a total of 45 children. Aspire Hope has been doing a winter clothing and coat to help families.

Pat Plyter – Just finished a course called family to family, 8 week course – 24 hours long. 3 people from Seneca County, 17 total from Cayuga, Onondaga and Seneca County. There is another NAMI basics course that is 6 weeks for families with children less than 18 yrs old and teaches them about mental illness. This teaches you about the diagnosis, the meds, how to communicate. There is an instructor in Cayuga County that teaches the NAMI basic course and plans to teach this course a couple times a year. If there is anyone who would like to have the families learn about mental illness, this is something that may help.

Margaret Morse – At every quarterly meeting there will be a review of the local service plan with updating every 3 months during the year.

Jeanette Rock – DIC – A quarterly report was submitted.

A motion to adjourn the meeting was made by Pat Plyter and seconded by Susan Ottenweller.

Next meeting will be held February 21, 2023 @ 5:00. CSB to follow at 6:30pm.

Submitted by: L. Reynolds