

Mar 2023

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
		1 An Overview of ACCES-VR Services 11 am – 12 pm Fostering Access, Rights, and Equity (FARE) for Women Workers 1 pm – 2 pm Using Age to Your Advantage 1 pm – 2 pm	2 Social Media Featuring LinkedIn 11 am – 12:30 pm Interviewing Techniques 1 pm – 2:30 pm Going to School to Get Back to Work 1 pm – 2 pm	3 Communication Skills 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
6 Transferable Skills 11 am – 12 pm Managing Job Loss and Moving On 1 pm – 2 pm Writing Effective Cover Letters 1 pm – 2 pm	7 Career Assessment & Exploration 11 am – 12 pm Time Management 11 am – 12 pm Job Search Strategies 1 pm – 2 pm	8 Networking 11 am – 12 pm Spanish: Estrategias para la Entrevista de Trabajo 11 am – 12 pm Exploring JobZone 1 pm – 2 pm	9 Resume Development 11 am – 12 pm Self-Motivation 11 am – 12 pm SNAP Overview 1 pm – 2 pm	10 Chat with an Employment Counselor 11 am – 12 pm Understanding the Federal Bonding Program and Working with a Local Bonding Coordinator 1 pm – 2 pm
13 Give Yourself Credit: SUNY Empire State College Information Session 11 am – 12 pm Using Age to Your Advantage 11 am – 12 pm Learning about Childcare Assistance Program (CCAP) Overview 1 pm – 2 pm	14 Veterans Services and Resources 11 am – 12 pm Civil Service 11 am – 12:30 pm SUNY Micro-Credentials 1 pm – 2 pm	15 Going to School to Get Back to Work 11 am – 12 pm Social Media Featuring LinkedIn 1 pm – 2:30pm An Overview of ACCES-VR Services 1 pm – 2 pm	16 Interviewing Techniques 11 am – 12:30 pm SUNY for All – Online Training Center 1 pm – 2 pm Networking 1 pm – 2 pm	17 Public Speaking 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
20 Learn New Skills with Coursera 11 am – 12 pm Writing Effective Cover Letters 11 am – 12 pm NYS DOL Training & Supportive Opportunities 1 pm – 2 pm	21 The Power of Positivity 11 am – 12 pm Worker Retention Services for Job Seekers with Disabilities 1 pm – 2 pm	22 Job Search Strategies 11 am – 12 pm Managing Job Loss and Moving On 11 am – 12 pm Career Assessment & Exploration 1 pm – 2 pm	23 Advanced Resume/Skills Based Resume Writing 11 am – 12 pm Spanish: Cómo Superar la Pérdida de su Trabajo 1 pm – 2 pm Transferable Skills 1 pm – 2 pm	24 Chat with an Employment Counselor 11 am – 12 pm
27 Exploring JobZone 11 am – 12 pm Resume Development 1 pm – 2 pm Civil Service 1 pm – 2:30 pm	28 NYS DOL Resources 101 11 am – 12 pm Salary Negotiation 11 am – 12 pm Roadmap to Getting Hired 1 pm – 2 pm	29 Fostering Access, Rights, and Equity (FARE) for Women Workers 11 am – 12 pm Communication Skills 1 pm – 2 pm Public Speaking 1 pm – 2 pm	30 Social Media Featuring LinkedIn 11 am – 12:30pm Interviewing Techniques 1 pm – 2:30 pm	31 Chat with an Employment Counselor 1 pm – 2 pm

Pre-Registration Required!
Click on the name of the workshop to register <https://statistics.labor.ny.gov/career-zone/career-calendar.shtml>

WE ARE YOUR DOL



Department of Labor