

TO: Mental Health Subcommittee
Community Services Board
FROM: Brenda Black, LCSW
Program Director of Clinical Services
RE: Mental Health Program Activities
DATE: September 12, 2022

- Current units of services since last report (May to August 2022): 9,900
 - Telehealth services provided: 3,948
 - In-person services provided: 5,952
 - Children services provided: 2,865
- Current number of patients admitted to Integrated Outpatient Services: 1,320
 - Patients admitted between May and August: 193
- Group Offerings: We continue to offer DBT group and our patients also have access to Duel Focus Group
- Current staff development
 - Staff attended our annual retreat on September 7th
 - 10 staff are participating in a Yoga/Mindfulness group offered by Ryan Chiropractic
 - Continue to have monthly pot luck lunches for team building
 - Staff received training on Substance Use Disorder diagnosing
 - Staff are receiving training on Problem Gambling
 - Staff will receive Cognitive Processing Therapy training in November
 - Working with outside agencies to bring more trainings for staff
 - Staff are attending outside trainings both virtually and in person
- Trending:
 - Continue to experience a high number of crisis calls weekly
 - ◆ Continue to see higher needs with children and schools with increased crisis and increased caseloads
- Staffing:
 - Current Staff needs:
 - ◆ Senior Psychiatric Social Worker