

Seneca County Motherhood Program

The program consists of a series of 10 interactive classes, trained facilitators and experienced mothers at a convenient location. A meal is provided at each session.

Topics include:

- ◆ My Life as A Mom
- ◆ My Father's Impact
- ◆ My Mother's Impact
- ◆ Me and My Children's Father
- ◆ The Impact on My Children
- ◆ Patterns of Communication
- ◆ Open, Safe Communication
- ◆ How to Listen

Open Enrollment

"Women may start at anytime"



Seneca County Motherhood Program

Location:

Seneca County Office Building

Heroes Conference Room—3rd Floor

1 DiPronio Drive

Waterloo, NY 13165

Phone: 315-539-1905

Fax: 315-539-3857

Seneca County Motherhood Program

"Being a Mother is learning about strengths you didn't know you had... and dealing with fears you didn't know existed" - LW



Mission

Seneca County Motherhood Program is both an educational program & support group for mothers. Our mission is to empower and create an environment for women to share and develop skills and ideas in order to strengthen families.

The program offers a chance for mothers to connect with other women to share ideas and work toward strengthening family life.

We meet in a casual setting that fosters communication, education, and positive outcomes. Mothers can begin the program at anytime during the 10 weeks.

Lunch is provided at each meeting.



The **Seneca County Motherhood Program** gives women the opportunity to communicate with other women who believe we should do the best we can nurturing our children.

The **Seneca County Motherhood Program** is a resource that is offered to women at **NO COST**. It is dedicated to empowering, educating, supporting and challenging women to become positive role models for their children.

We encourage women to network with others to promote the leadership, social, and emotional guidance that is needed for children.

Through 10 weekly meetings in a group setting the **Seneca County Motherhood Program** works to support mothers in their quest to strengthen families and future generations.

STRENGTHENING MOTHERS
AND THEIR CHILDREN WILL
IN TURN STRENGTHEN
FAMILIES AND FUTURE
GENERATIONS.



Please make referrals to:

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