

*Melissa L. Taylor*  
*Director*  
*mtaylor@co.seneca.ny.us*



*Toni DiGiovanni*  
*Deputy Director*  
*tdigiovanni@co.seneca.ny.us*

*Seneca County*  
*Office of Emergency Management*

---

**FOR IMMEDIATE RELEASE**

JULY 17, 2019

**CONTACT:**

Seneca County OEM | 315-539-1757

**EXCESSIVE HEAT EXPECTED FOR FRIDAY AND SATURDAY**

The Seneca County Office of Emergency Management (OEM) reminds the public to take extra precautions and to stay informed about weather-related conditions. We are expecting excessive heat on Friday and Saturday with temperatures forecast to reach between 100 and 105 degrees Fahrenheit for the area.

As temperatures rise, we remind seniors to stay indoors, if possible, and for the public to be aware of the signs and symptoms of heat stroke and heat exhaustion. Children and the elderly are the most susceptible to heat exhaustion. Everyone should stay hydrated, stay in a cool place and stay in touch with friends and family members who may need additional help.

Those attending the Seneca County Fair are cautioned to take precautions to enjoy events safely.

“Heat exhaustion” is a milder form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced replacement of fluids. “Heat stroke” is more serious, and occurs when the body starts to lose its ability to regulate itself. The telltale signs of heat stroke are:

- An extremely high body temperature, such as 103 degrees or above
- Dizziness and nausea
- A throbbing headache and a pulse that is rapid and strong
- Skin that is red, hot and dry

If you see someone suffering from heat stroke, take immediate action. Call 9-1-1 immediately and then try to move the person into a cool place and cool the person with water.

**\*\*Residents can also take advantage of the Cooling Center located at the Magee Fire Department which will be open on Friday and Saturday from 10am until 7pm to provide County residents relief from the extreme heat. The Magee Fire Department is located at 1807 State Route 318 in Seneca Falls and the department phone # is 315-568-8507. \*\***

*Remember to:*

- Check on relatives, neighbors and friends.
- Don't leave anyone (including pets) in a parked car, even for a few minutes.

**Basic tips if your child or pet is locked in the car:**

- Call 9-1-1.
- While waiting, cover the windows to keep the car from heating up so fast.
- If you need to break the car window, do it far away from the child or pet.

To avoid locked car emergencies:

- *Look before you lock.* Open the backdoor and look in the backseat to assure that everyone is out of the car (even if you think you are childless).
- *Keep something you need in the backseat.* Put your cell phone, briefcase, computer, lunch, ID badge, left shoe, or anything essential to your daily routine beside your child.
- *Travel with a furry companion.* Keep a stuffed animal in the car seat. When baby is in the seat, the stuffed animal rides shotgun. The furry passenger serves as a reminder that baby's in the back.
- *Always lock the doors.* Even if the car is in the garage, keep the doors locked to prevent curious children from getting into the car.
- *Put the keys and fobs away.* Kids might want to play with keys and be able to get into the car without parents' knowledge.
- *Have a plan with childcare provider.* If your child does not show up to daycare or school without prior notice, someone should call to locate your child.
- *If you see something, do something.* If you see a child or pet alone in a car, do not hesitate to call 9-1-1.

**Safety tips for Pet Owners:**

Pets can suffer in extreme heat, too. Take extra precautions such as:

- Give plenty of water (animals can get dehydrated very quickly)
- Keep them indoors and/or out of the sun
- Do not over-exercise your pet in the heat. Try to go out early in the morning or late evening
- Never leave animals alone in a parked vehicle

Seneca County's Office of Emergency Management will be monitoring conditions throughout this excessive heat event and is coordinating situations with our public safety partners.

Additional emergency preparedness information and tips are available on the Office of Emergency Management website: <https://www.co.seneca.ny.us/departments/safety-services/emergency-services/emergency-management/>

For timely updates and other information, follow OEM on Facebook:  
<https://www.facebook.com/SenecaCountyOEM/>