

**SENECA COUNTY OFFICE FOR THE AGING  
AUGUST 2018**




**DEB DILALLO, NUTRITION SERVICES COORDINATOR  
ANGELA M. REARDON, DIRECTOR**

**OVID (607)**

**869-2275**

**CONTRIBUTIONS: \$2.25/CONGREGATE MEAL-PERSON 60+  
\$2.25/WIN HOME DELIVERED MEAL (HOT)  
\$1.75/WIN HOME DELIVERED MEAL (COLD)**

**TRUMANSBURG CHURCH (607) 869-2275  
WATERLOO NUTRITION SITE (315) 539-1765  
OVID OFFICE (607) 869-9420**

<p><b><u>Meal Charge</u></b></p> <p style="text-align: center;"><b>\$3.50</b></p> <p>Congregate Meal for Guests and OFA Staff under 60.</p>	<p><b>*Restricted Calorie No Sweet Desserts +Modified Sodium Diet Substitute</b></p>	<p>Macaroni &amp; Cheese Stewed Tomato &amp; Zucchini Peach Shortcake w/ Whipped Topping</p> <p style="text-align: right;"><b>1</b></p>	<p>Meatloaf Mashed Sweet Potatoes Brussel Sprouts Jell-O Punch Cake*</p> <p style="text-align: right;"><b>2</b></p>	<p><i>Cold Plate</i> Sliced Turkey Pasta Salad Beet &amp; Onion Salad Fresh Melon</p> <p style="text-align: right;"><b>3</b></p>
<p>Chicken Patty Parmesan Rice Pilaf Broccoli Cookie*</p> <p style="text-align: right;"><b>6</b></p>	<p>Swiss Steak Mashed Potatoes Mexicali Corn Fresh Fruit</p> <p style="text-align: right;"><b>7</b></p>	<p><i>Cold Plate</i> Tuna Salad Ice Box Salad Macaroni Salad Banana Muffin*</p> <p style="text-align: right;"><b>8</b></p>	<p>Chicken Fricasse Buttered Noodles Beets Butterscotch Pudding*</p> <p style="text-align: right;"><b>9</b></p>	<p><b><u>CHEFS CHOICE</u></b></p>  <p style="text-align: right;"><b>10</b></p>
<p>Goulash Green Beans Spinach Salad Sherbet</p> <p style="text-align: right;"><b>13</b></p>	<p>Baked Fish Potato Casserole Mixed Vegetables Melon</p> <p style="text-align: right;"><b>14</b></p>	<p>Baked Italian Chicken Mashed Potatoes California Mix Vegetables Fruit</p> <p style="text-align: right;"><b>15</b></p>	<p><i>Cold Plate</i> Seafood Salad Pasta Salad Broccoli Salad Cookies*</p> <p style="text-align: right;"><b>16</b></p>	<p>BBQ Chicken Baked Beans Ice Box Salad Chocolate Chip Cookie Bar*</p> <p style="text-align: right;"><b>17</b></p>
<p><i>Cold Plate</i> Ham &amp; Turkey Slice Coleslaw Potato Salad Seasonal Fruit</p> <p style="text-align: right;"><b>20</b></p>	<p>Chicken &amp; Sausage Bake Rice Broccoli Fruit Crisp</p> <p style="text-align: right;"><b>21</b></p>	<p>Breaded Fish Sandwich Roasted Potato Carrots Half Moon Pudding</p> <p style="text-align: right;"><b>22</b></p>	<p>Ravioli w/ Sauce Italian Green Beans Spinach Salad Fruit</p> <p style="text-align: right;"><b>23</b></p>	<p><b><u>Senior Picnic</u></b> Hamburger/Cheeseburger Baked Beans Carrot Apple Salad Watermelon</p> <p style="text-align: right;"><b>24</b></p>
<p>Spanish Rice &amp; Beans Roasted Carrots Italian Bread Fruit</p> <p style="text-align: right;"><b>27</b></p>	<p>Hot Dog on Roll Baked Beans Broccoli Salad Ice Cream</p> <p style="text-align: right;"><b>28</b></p>	<p><i>Cold Plate</i> Egg Salad Potato Salad Beet Salad Brownie*</p> <p style="text-align: right;"><b>29</b></p>	<p>Spaghetti and Meatballs Green &amp; Yellow Beans Tossed Salad Diced Pears</p> <p style="text-align: right;"><b>30</b></p>	<p>BBQ Pork on Bun Au gratin Potatoes California Mix Vegetable Watermelon</p> <p style="text-align: right;"><b>31</b></p>

**LUNCH IS SERVED AT 12 NOON! RESERVATIONS REQUIRED BY NOON THE DAY BEFORE YOU PLAN TO ATTEND.  
CANCELLATIONS REQUIRED BY NOON THE DAY BEFORE YOU PLANNED TO ATTEND OR NO LATER THAN 9:00 ON THE  
DAY OF RESERVATIONS. ALL MENU'S ARE SUBJECT TO CHANGE WITHOUT NOTICE.**