

SENECA COUNTY OFFICE FOR THE AGING

May 2018

DEB DILALLO, NUTRITION SERVICES COORDINATOR
ANGELA M. REARDON, DIRECTOR


OVID (607)



869-2275

CONTRIBUTIONS: \$2.25/CONGREGATE MEAL-PERSON 60+
\$2.25/WIN HOME DELIVERED MEAL (HOT)
\$1.75/WIN HOME DELIVERED MEAL (COLD)

TRUMANSBURG CHURCH (607) 387-3015
WATERLOO NUTRITION SITE (315) 539-1765
OVID OFFICE (607) 869-9420

<p>Contributions for meals are completely voluntary. Any contribution you wish to make will be greatly appreciated and used to expand the program.</p>	<p>Stuffed Pepper Broccoli Cookies*</p> <p style="text-align: right;">1</p>	<p>Ravioli w/ Tomato Sauce Wax Beans Brownie*</p> <p style="text-align: right;">2</p>	<p>BBQ Riblet Macaroni Salad Mix Vegetables White Cake w/ White Frosting and Sprinkles</p> <p style="text-align: right;">3</p>	<p>Chicken Patty on Bun Baked Potato Carrots Fruit</p> <p style="text-align: right;">4</p>
<p>Hamburger on Bun Potato Casserole Mixed Vegetable Fruit</p> <p style="text-align: right;">7</p>	<p>Swedish Meatballs Noodles Spinach Mandarin Oranges</p> <p style="text-align: right;">8</p>	<p>New England Boiled Dinner* Boiled Potatoes Carrots Cabbage Peach Shortcake w/ Whipped Topping</p> <p style="text-align: right;">9</p>	<p>Chicken Fricasse Rice Pilaf Brussel Sprouts Jello*</p> <p style="text-align: right;">10</p>	<p>Pepper Steak Roasted Sweet & White Potatoes Broccoli Parmesan Ice Cream Sandwiches*</p> <p style="text-align: right;">11</p>
<p>Beef Stew Parsley Boiled Potatoes Seasoned Carrots Oranges</p> <p style="text-align: right;">14</p>	<p>Stuffed Shells w/ Tomato Sauce Italian Green Beans Tossed Salad Cookie*</p> <p style="text-align: right;">15</p>	<p>Pork Riblet Mashed Potatoes Mixed Vegetables Fruit</p> <p style="text-align: right;">16</p>	<p>Baked Lemon Chicken Garden Rice Beets Butterscotch Pudding*</p> <p style="text-align: right;">17</p>	<p><u>Senior Citizen Day</u> Pork Chop w/ Apple Cherry Sauce Seasoned Stuffing Spring Mix Vegetables Caramel Vanilla Crunch Cake</p> <p style="text-align: right;">18</p>
<p> <u>CHEF'S CHOICE</u></p> <p style="text-align: right;">21</p>	<p>Spaghetti & Meatballs Broccoli Spinach Salad Sherbet</p> <p style="text-align: right;">22</p>	<p>Pork Loaf Mashed Potatoes Succotash Chocolate Pudding*</p> <p style="text-align: right;">23</p>	<p>Sloppy Joe on Bun Baked Potatoes Green Beans Fruit</p> <p style="text-align: right;">24</p>	<p>BBQ Chicken Potato Casserole Icebox Salad Cookie*</p> <p style="text-align: right;">25</p>
<p>Memorial Day</p> <p style="text-align: right;">28</p>	<p>Chicken Broccoli Alfredo Linguini Spinach Pudding*</p> <p style="text-align: right;">29</p>	<p>Hot Dog on Bun Baked Beans Coleslaw Yogurt</p> <p style="text-align: right;">30</p>	<p><u>Cold Meal</u> Turkey Salad Potato Salad Broccoli Salad Lemon Bar*</p> <p style="text-align: right;">31</p>	<p>*Restricted Calorie No Sweet Desserts +Modified Sodium Diet Substitute</p>

LUNCH IS SERVED AT 12 NOON! RESERVATIONS REQUIRED BY NOON THE DAY BEFORE YOU PLAN TO ATTEND. CANCELLATIONS REQUIRED BY NOON THE DAY BEFORE YOU PLANNED TO ATTEND OR NO LATER THAN 9:00 ON THE DAY OF RESERVATIONS. ALL MENU'S ARE SUBJECT TO CHANGE WITHOUT NOTICE.