

# ACTIVITIES

March 2018

If transportation is needed, please call (315) 539-1780 for North County residents

		<b>Come Visit Our New Location</b> <b>Seneca County Senior Center, Inc.</b> 2465 Bonadent Drive Suite 4 Waterloo, NY 13165 315-539-1780 315-539-1620		Billiards 10:00-12:00 Coffee Hour 11:00-12:00 Discussion 11:30-12:00	Billiards 10:00-12:00 Bingo 11:00-11:45	1	2			
Billiards 10:00-12:00 Art Group 1:00-3:00 Wellness/Fitness 11:30-11:45  Bone Builders 10:00 a.m.-11:00 a.m.	Billiards 10:00-12:00 Euchre 10:30-11:30	Billiards 10:00-12:00 Adult Coloring Group 10:30-11:30 Blood Press. 10:30-11:30 Wellness/Fitness 11:30-11:45 <u>Ovid</u> Coffee Hour 8:00-9:00	Billiards 10:00-12:00 Coffee Hour 11:00-12:00 Discussion 11:30-12:00  Special Presentation: Intro To Meditation 11:00 am- 12:00pm	Billiards 10:00-12:00 Bingo 11:00-11:45 Bone Builders 10:00 a.m.-11:00 a.m.		5	6	7	8	9
Billiards 10:00-12:00 Art Group 1:00-3:00 Wellness/Fitness 11:30-11:45  Bone Builders 10:00 a.m.-11:00 a.m.	Billiards 10:00-12:00 Euchre 10:30-11:30 Meditation 10:45-11:45	Billiards 10:00-12:00 Adult Coloring Group 10:30-11:30 Blood Press. 10:30-11:30 Wellness/Fitness 11:30-11:45  <u>Ovid</u> Coffee Hour 8:00-9:00	Billiards 10:00-12:00 Coffee Hour 11:00-12:00 Discussion 11:30-12:00	Billiards 10:00-12:00 Bingo 11:00-11:45 Bone Builders 10:00 a.m.-11:00 a.m.  Wear Your Green & Come Celebrate St. Patrick's Day With Us!		12	13	14	15	16
Billiards 10:00-12:00 Art Group 1:00-3:00 Wellness/Fitness 11:30-11:45  Bone Builders 10:00 a.m.-11:00 a.m.	Billiards 10:00-12:00 Euchre 10:30-11:30 Meditation 10:45-11:45	Billiards 10:00-12:00 Adult Coloring Group 10:30-11:30 Blood Press. 10:30-11:30 Wellness/Fitness 11:30-11:45 <u>Ovid</u> Coffee Hour 8:00-9:00	Billiards 10:00-12:00 Coffee Hour 11:00-12:00 Discussion 11:30-12:00	Billiards 10:00-12:00 Bingo 11:00-11:45 Bone Builders 10:00 a.m.-11:00 a.m.		19	20	21	22	23
Billiards 10:00-12:00 Art Group 1:00-3:00 Wellness/Fitness 11:30-11:45  Bone Builders 10:00 a.m. – 11:00 a.m.	Billiards 10:00-12:00 Euchre 10:30-11:30 Meditation 10:45-11:45	Billiards 10:00-12:00 Adult Coloring Group 10:30-11:30 Blood Press. 10:30-11:30 Wellness/Fitness 11:30-11:45 Signs of Memory Loss and How to Speak with your Doctor 11:15 a.m. -12:00 p.m.  <u>Ovid</u> Coffee Hour 8:00-9:00	Billiards 10:00-12:00 Coffee Hour 11:00-12:00 Discussion 11:30-12:00  Sign Up For Lunch & Come Join Our Easter Celebration	Billiards 10:00-12:00 Bingo 11:00-11:45  Bone Builders 10:00 a.m. -11:00 a.m.		26	27	28	29	30