

SENECA COUNTY OFFICE FOR THE AGING

April 2017



DEB DILALLO, NUTRITION SERVICES COORDINATOR

ANGELA M. REARDON, DIRECTOR

CONTRIBUTIONS: \$2.25/CONGREGATE MEAL-PERSON 60+

\$2.25/WIN HOME DELIVERED MEAL (HOT)




\$1.75/WIN HOME DELIVERED MEAL (COLD)

OVID (607) 869-2275

TRUMANSBURG CHURCH (607) 387-3015

WATERLOO COUNTY COMPLEX (315) 539-1765

OVID OFFICE (607) 869-9420

Hot Dog on Bun Baked Beans Carrot Coins Mandarin Oranges 3	BBQ Chicken Roasted Potatoes Mixed Vegetables Seasonal Fruit 4	Spaghetti & Meatballs Spinach Tossed Salad Peach Crisp 5	Stuffed Pepper Green Beans Carrot Cake* 6	Breaded Fish Sandwich Baked Potato Succotash Ice Cream* 7
Hamburger on Bun Potato Casserole Cauliflower Peaches 10	Meatloaf Italiano Baked Potato Brussel Sprouts Brownie 11	Turkey & Rice Casserole Peas Pudding  12	<u><b>Easter Lunch</b></u> Ham+ Mashed Potatoes Roasted Carrots & Green Beans Pie 13	Macaroni & Cheese Stewed Tomato Fruit  14
Pork Riblet Tatar Tots Beets Cookies 17	Hot Turkey Sandwich Stuffing Spinach Fruit 18	Baked Chicken Rice Pilaf Garlic Green Beans Peach Crisp* w/ Whipped Topping 19	Beef Stroganoff Broccoli Fruit 20	Baked Ziti Winter Blend Vegetables Garlic Knot Apple Blueberry Crisp 21
<u><b>Cold Plate</b></u> Turkey Salad Cottage Cheese Icebox Salad Yogurt 24	Cabbage Loaf Mashed Potato Spinach Pudding*  25	Swiss Steak w/ Tomato Sauce Mashed Potatoes Italian Green Beans Fruit Salad 26	<u><b>Kentucky Derby Party</b></u> Salmon Patty Baked Sweet Potato Cucumber & Arugula Salad Mint Julep Melon Bites 27	Sloppy Joe on Bun Corn Mixed Roasted Vegetables Brownie* 28
		Contributions for meals are completely voluntary. Any contribution you wish to make will be greatly appreciated and used to expand the program.	<u><b>Meal Charge</b></u> \$3.50 Congregate Meal for Guests and OFA Staff under 60.	*Restricted Calorie No Sweet Desserts +Modified Sodium Diet Substitute

**LUNCH IS SERVED AT 12 NOON! RESERVATIONS REQUIRED BY NOON THE DAY BEFORE YOU PLAN TO ATTEND. CANCELLATIONS REQUIRED BY NOON THE DAY BEFORE YOU PLANNED TO ATTEND OR NO LATER THAN 9:00 ON THE DAY OF RESERVATIONS. ALL MENU'S ARE SUBJECT TO CHANGE WITHOUT NOTICE.**