

## **Books for Families: Veterans, Recent Returnees, Partners, Children & Parents**

### **ABOUT PTSD**

\*Recovering from the War: A Guide for All Veterans, Family members, Friends, and Therapists  
by Patience Mason

Why is Daddy Like He Is? by Patience Mason – for young, teenage, and adult children

Back from the Brink: A Family Guide to Overcoming Traumatic Stress by Don Catherall

### **FAMILIES AT HOME WHILE A FAMILY MEMBER IS DEPLOYED**

\*While They're at War: The True Story of American Families on the Homefront by Kristin Henderson

Heroes at Home: Help and Hope for America's Military Families by Ellie Kay

I'm Already Home: Keeping Your Family Close When You're on TDY by Elaine Gray Dumler

Solo-Ops: A Survival Guide for Military Wives by Hilary Martin

Surviving Deployment: A Guide for Military Families by Karen Pavlicin

Today's Military Wife: Meeting the Challenges of Service Life (Today's Military Wife)  
by Lydia Sloan Cline

### **SOLDIER AND FAMILY COPING AFTER RETURN HOME**

\*Courage After Fire: Coping Strategies for Returning Soldiers and Their Families (Paperback)  
by Keith Armstrong, Suzanne Best, Paula Domenici

Down Range: To Iraq and Back by Bridget C., Ph.D. Cantrell, Chuck Dean

Back from the Front: Combat Trauma, Love, and the Family, by Aphrodite Matsakis

### **FOR CHILDREN 4 TO 8:**

A Yellow Ribbon for Daddy by Anissa Merisiowsky

Daddy, Will You Miss Me? by Wendy McCormick, Jennifer Eachus

Daddy, You're My Hero! by Michelle Ferguson-Cohen

Mommy, You're My Hero! by Michelle Ferguson-Cohen

My Daddy is a Soldier by Kirk Hilbrecht

The Magic Box: When Parents Can't Be There to Tuck You In by Marty Sederman, Seymour; Epstein,  
Karen; Stormer Brooks

Uncle Sam's Kids in When Duty Calls by Angela Sportelli-Rehak

While You Are Away by Eileen Spinelli, Renee Graef

Love, Lizzie: Letters to a Military Mom (Hardcover) by Lisa Tucker McElroy, Diane Paterson  
VA Palo Alto HCS, Trauma Recovery Program